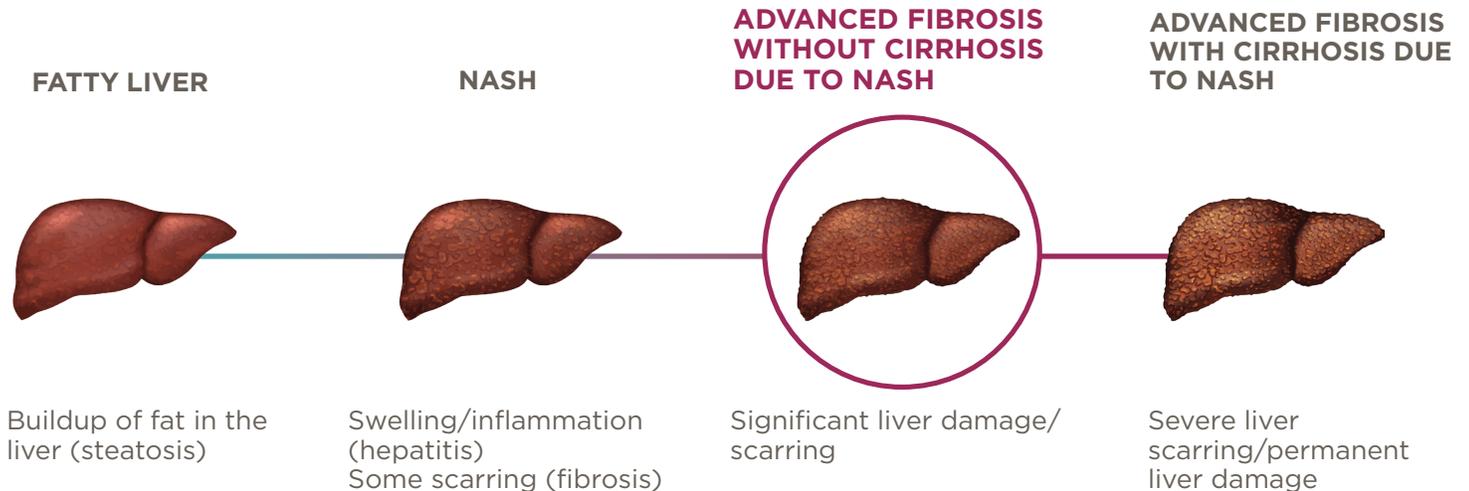


WHAT IS NASH?

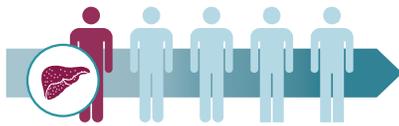
If you've been told you have fatty liver, you may be at risk for something more serious. **Nonalcoholic steatohepatitis (NASH) is a severe form of nonalcoholic fatty liver disease (NAFLD) where a build-up of fat in the liver damages liver cells and causes inflammation (hepatitis).**

For many people, NASH can progress to include liver scarring (fibrosis), which prevents the liver from functioning properly. NASH has few or no specific symptoms, which means it can go unnoticed for years. Over time, the damage to the liver may become more severe, resulting in **advanced fibrosis**, which includes cirrhosis and carries the risk of serious health problems.



In addition to cirrhosis, NASH can lead to liver cancer, liver failure, or even death.

HOW QUICKLY CAN ADVANCED FIBROSIS DUE TO NASH PROGRESS?



1 out of 5

PATIENTS WITH **ADVANCED FIBROSIS** WITHOUT CIRRHOSIS PROGRESSED TO CIRRHOSIS AFTER APPROXIMATELY 2.5 YEARS*

HOW IS NASH DIAGNOSED AND CLASSIFIED?

While a liver biopsy is considered the gold standard in diagnosing NASH, your doctor may monitor how well your liver is functioning through blood tests that measure certain enzymes and proteins. Additionally, ultrasounds and other non-invasive imaging tests are becoming more widely used to measure scarring in the liver.

HOW IS NASH TREATED?

Currently the only way to treat NASH is with lifestyle changes like diet and exercise to help with weight loss. Knowing the severity your disease is an important step in your treatment plan. You have a right to ask questions and get answers.

IF YOU HAVE FATTY LIVER, YOU MAY BE AT RISK FOR DEVELOPING ADVANCED FIBROSIS DUE TO NASH. TALK TO YOUR DOCTOR TO FIND OUT THE SEVERITY OF YOUR DISEASE AND UNDERSTAND YOUR RISK OF PROGRESSION.

*In a study of patients with biopsy-proven NASH, 48 of 217 patients (22%) with advanced fibrosis without cirrhosis progressed to advanced fibrosis with cirrhosis at around 29 months.